The Office of the National Coordinator for Health Information Technology

# **Component 4:**

## Introduction to Computer Science

## **Component Guide**

## Health IT Workforce Curriculum Version 4.0/Spring 2016

This material (Comp 4) was developed by Oregon Health & Science University, funded by the Department of Health and Human Services, Office of the National Coordinator for Health Information Technology under Award Number 1U24OC000015. This material was updated in 2016 by Oregon Health and Science University under Award Number 90WT0001.

This work is licensed under the Creative Commons Attribution-NonCommercial-ShareAlike 4.0 International License. To view a copy of this license, visit

http://creativecommons.org/licenses/by-nc-sa/4.0/.

#### **Component Number: 4**

#### **Component Title:**

Introduction to Computer Science

#### **Component Description:**

For students without an IT background, this component provides a basic overview of computer architecture; data organization, representation and structure; structure of programming languages; and networking and data communication. It also includes basic computing terminology.

#### **Component Objectives:**

At the completion of this component, the student will be able to:

- 1. Use correct terminology for computing and technology, including that for hardware, software, networks, the Internet, and databases.
- 2. Identify commonly used hardware components.
- 3. Identify commonly used operating systems and software applications.
- 4. Explain the purpose and principles of programming languages and identify commonly used languages.
- 5. Define a database, explain what querying languages are, and identify commonly used database systems.
- 6. Describe network computing, including its risks and benefits, and identify commonly used communication hardware and software components.
- 7. Discuss security risks and potential solutions.
- 8. Explain the design and development process of an information system, such as software.

#### **Component Files**

Each unit within the component includes the following files:

- Lectures (voiceover PowerPoint in .mp4 format); PowerPoint slides (Microsoft PowerPoint format), lecture transcripts (Microsoft Word format); and audio files (.mp3 format) for each lecture.
- Application activities (discussion questions, assignments, or projects) with answer keys.
- Self-assessment questions with answer keys based on identified learning objectives.
- Some units may also include additional materials as noted in this document.

#### **Component Units with Objectives and Topics**

#### Unit 1: Basic Computing Concepts, Including History

#### Description:

This unit introduces basic computing concepts and terminology. It identifies common elements of computers, both in terms of hardware and software and provides guidance on computer selection by discussing the range of computer types, from desktops to laptops to servers. Finally, it provides a history of the development of computing and health care information systems.

#### **Objectives:**

- 1. Define what a computer is.
- 2. Describe different types of computers, including PCs, mobile devices, and embedded computers.
- 3. Define the common elements of computer systems.
- 4. Describe typical hardware and software options for desktop, laptop, and server systems for home and business use with an emphasis on health care systems.
- 5. Explain the development of computers and the Internet, including health care systems, up to the present time.

#### Lectures:

- a. Definitions, Descriptions, and Elements (16:13)
- b. Selecting a New Computer (20:56)
- c. History of Computers (21:33)
- d. The Growth of Personal Computers and the Internet (24:05)

#### Suggested Readings

Knapp, M. (2016, April 26). 9 Key Things to Know Before You Buy a New Computer. *The Cheat Sheet.* Retrieved from <u>http://www.cheatsheet.com/technology/9-tips-for-picking-your-machine-computer-shopping-cheat-sheet.html/?a=viewall</u>.

Paris, C. (2014, May 12). 5 categories of computer types and components [Blog post]. Retrieved from <u>https://blog.udemy.com/categories-of-computer/</u>.

#### **Unit 2: Computer Hardware**

#### Description:

This unit provides a foundation on computer functioning, data representation, input and output devices, and the CPU and its role in system functionality.

#### **Objectives:**

- 1. Describe the major components of a computer system.
- 2. Provide examples of input and output devices used in health care.
- 3. Discuss primary and secondary storage devices.
- 4. Introduce binary notation and describe data representation, storage, and manipulation in binary format.
- 5. Introduce data types and explain how different data types are stored and addressed.
- 6. Describe the functionality of the central processing unit (CPU).
- 7. Provide examples of CPUs designed for health care applications.

#### Lectures:

- a. Components and Peripherals (12:50)
- b. Ports, Memory, and Secondary Storage (13:51)
- c. Data Types, Data Addresses, and the CPU (10:39)

#### **Suggested Readings**

Central processing unit. (n.d.). In *Wikipedia*. Retrieved August 31, 2016, from <u>https://en.wikipedia.org/wiki/Central\_processing\_unit</u>.

Corey. (2016, March 4). How to Build a Gaming PC 2016 – Step by Step Guide to Choosing Your Hardware [Blog post]. Retrieved from <u>http://newbcomputerbuild.com/newb-computer-build/how-to-build-a-gaming-pc-2016-step-by-step-guide/</u>.

Hock-Chuan, C. (n.d.). A Tutorial on Data Representation: Integers, Floating-point Numbers, and Characters [Teaching notes]. Retrieved August 31, 2016, from: <u>https://www.ntu.edu.sg/home/ehchua/programming/java/DataRepresentation.html</u>.

Lin, C. (2003, March 12). ASCII vs. Binary Files [Online lecture notes]. Retrieved from: <u>https://www.cs.umd.edu/class/sum2003/cmsc311/Notes/BitOp/asciiBin.html</u>.

#### Unit 3: Computer Software

#### Description:

This unit covers application and system software, with a focus on health care systems. It describes the functions of an operating system, presents different operating systems, and defines the purpose and usage of file systems.

#### **Objectives:**

- 1. Define computer software and major software types.
- 2. Describe application software classification and provide examples, including those focused on health care.
- 3. Define what an operating system (OS) is.
- 4. Explain the features and functions of operating systems.
- 5. Classify operating systems.
- 6. Describe commonly used operating systems.
- 7. Describe types and major attributes of files.
- 8. Explain the purpose of file systems.
- 9. Provide file management tips.
- 10. Identify different implementations of file systems.

#### Lectures:

- a. Identify major classifications of software (15:34)
- b. What an operating system is and what it does (14:12)
- c. Files and file management (8:38)
- d. Files and file management (13:03)

#### **Suggested Readings**

List of open-source health software. (n.d.). In *Wikipedia*. Retrieved August 31, 2016, from <u>https://en.wikipedia.org/wiki/List\_of\_open-source\_health\_software</u>.

Thakur, D. (n.d.). What is software? Characteristics and Classification of Software. In *Computer Notes*. <u>http://ecomputernotes.com/software-engineering/characteristics-and-classification-of-software</u>.

Understanding operating systems. (n.d.). In *Tutorial: Computer Basics* [Online tutorial]. Retrieved from <u>http://www.gcflearnfree.org/computerbasics/understanding-operating-systems/1/</u>.

#### **Unit 4: Computer Programming**

#### **Description:**

This unit discusses the purpose and types of programming languages, from simple machine code to high level programming languages. It explains interpretation and compilation, and introduces basic elements of a programming language: variables, assignment statements, expressions, loops, and conditional statements. Finally, this unit presents some advanced programming concepts such as inheritance, modularity, encapsulation, and object oriented programming.

#### **Objectives:**

- 1. Define the purpose of programming languages.
- 2. Differentiate between the different types of programming languages and list commonly used ones.
- 3. Explain the compiling and interpreting process for computer programs.
- 4. Learn basic programming concepts including variable declarations, assignment statements, expressions, conditional statements, and loops.
- 5. Describe advanced programming concepts including objects and modularity.

#### Lectures:

- a. Programming Languages (18:08)
- b. Compiling and Interpreting Process for Computer Programs (06:41)
- c. Programming Language Constructs (18:53)
- d. Basic Programming Concepts (16:24)
- e. Advanced Programming Concepts (12:38)

#### **Suggested Readings**

Bouwkamp, K. (2016, January 27). The 9 Most In-Demand Programming Languages of 2016 [Blog post]. Retrieved from <u>http://www.codingdojo.com/blog/9-most-in-demand-programming-languages-of-2016/</u>.

Hemmendinger, D. (n.d.). Computer programming language. In *Encyclopedia Britannica*. Retrieved August 31, 2016, from https://www.britannica.com/technology/computer-programming-language.

Holowczak, R. (n.d.). Programming concepts: A brief tutorial for new programmers [Online tutorial], pp. 1-8. Retrieved from <u>http://holowczak.com/programming-concepts-tutorial-programmers/</u>.

The Java™ Tutorials. (n.d.). Retrieved from <u>https://docs.oracle.com/javase/tutorial/</u>.

#### Additional Materials

This unit contains the following additional files:

- Comp4\_unit4\_BMI\_Coding.docx
- Comp4\_unit4\_BMI\_using\_nested\_if.docx
- Comp4\_unit4\_java\_resources.docx

#### Unit 5: Databases and SQL

#### **Description:**

This unit discusses the purposes of databases, relational databases, and the querying language SQL. Students will design a simple database using data modeling and normalization. This unit defines basic data operations, provides guidance on how to create common query statements, and discusses SQL implementation.

#### **Objectives:**

- 1. Define and describe the purpose of databases.
- 2. Define a relational database.
- 3. Describe data modeling and normalization.
- 4. Describe the structured query language (SQL).
- 5. Define the basic data operations for relational databases and how to implement them in SQL.
- 6. Design a simple relational database and create corresponding SQL commands.
- 7. Examine the structure of a health care database component.

#### Lectures:

- a. How Databases Store Data (11:28)
- b. Data Modeling and Normalization (09:44)
- c. Structured Query Language (13:45)
- d. Structure of a Health Care Database (10:23)

#### **Suggested Readings**

Databases [Tutorial directory]. (n.d.). Retrieved from http://www.quackit.com/database/.

Introduction to databases [Online video tutorial]. (n.d.). Retrieved from <u>https://thenewboston.com/videos.php?cat=49</u>.

SQL tutorial. (n.d.). Retrieved August 31, 2016, from http://sqlzoo.net/.

#### **Unit 6: Networks**

#### Description:

This unit covers the history, evolution, and variety of computer networks. It provides an introduction to network addressing, network topologies, standards and protocols, logical model concepts, network hardware, and wireless communication.

#### **Objectives:**

1. Define what a communication network is.

- 2. Explain the purposes and benefits of a communication network.
- 3. Explain the Internet and World Wide Web (WWW), their histories, and their structures.
- 4. Describe different ways of connecting to the Internet.
- 5. Explain the basics of network addressing.
- 6. Introduce network classification by the coverage size.
- 7. Describe different network topologies.
- 8. Outline different standards and protocols that govern wired and wireless communications.
- 9. Describe the benefits and disadvantages of wireless communication.
- 10. Describe a typical wireless network setup.
- 11. Describe network hardware.
- 12. Introduce networking logical models and discuss the Open Systems Interconnection (OSI) model.

#### Lectures:

- a. Introduction to Networks and the Internet (16:22)
- b. Basics of Internet Addressing and Network Classification (15:20)
- c. Network Topologies, Protocols, and Standards (12:40)
- d. Wireless Communication and Network Hardware (18:50)
- e. Networking Logical Models and the Open Systems Interconnection Model (12:50)

#### **Suggested Readings**

Computer networking tutorial. (n.d.). Retrieved from <u>http://www.e-tutes.com/</u>.

History of the internet. (n.d.). In *Wikipedia*. Retrieved August 31, 2016, from <u>https://en.wikipedia.org/wiki/History\_of\_the\_Internet</u>.

ISO/OSI Model in Communication Networks [Online tutorial]. (n.d.). Retrieved from <u>http://www.studytonight.com/computer-networks/complete-osi-model</u>.

#### **Unit 7: Security and Privacy**

#### Description:

This unit covers common security concerns and safeguards, including firewalls, encryption, virus patterns, and protection software, as well as programming for security. Additional topics include security of wireless networks, and concerns, mitigations, and regulations related to health care applications.

#### **Objectives:**

- 1. Define cybercrime and cybersecurity.
- 2. List common information technology, or IT, security and privacy concerns.
- 3. List the hardware components that are usually attacked by hackers.
- 4. Explain some of the common methods of attack.
- 5. Describe common types of malware.
- 6. Explain social engineering methods used by cybercriminals.
- 7. Describe methods and tools available for protection against cyberattacks.
- 8. Describe practices designed to minimize the risk of successful cyberattack.
- 9. Address specifics of wireless device security.
- 10. Explain security and privacy concerns associated with Electronic Health Records (EHRs).
- 11. Describe security safeguards used for health care applications.
- 12. Provide the basics of ethical behavior online.

#### Lectures:

- a. Cybercrime and IT Security (5:31)
- b. Hackers Methods (15:59)
- c. Protecting Against Cybercrime (12:20)
- d. Minimizing Risk of a Successful cyberattack (10:41)
- e. Cybercrime and Electronic Health Records, including Ethical Online Behavior Concepts (15:35)

#### **Suggested Readings**

Elmblad, S. (n.d.). Compare Antivirus Software Reviews. *Consumer Affairs*. Retrieved August 31, 2016, from <u>https://www.consumeraffairs.com/computers/antivirus-software/</u>.

Hadnagy, C. (n.d.) The Official Social Engineering Portal - Security Through Education. Retrieved from <u>http://www.social-engineer.org/</u>.

Introduction to Network Security [Online tutorial]. (n.d.). (pp. 1-10). Retrieved from <u>http://learnthat.com/introduction-to-network-security</u>.

#### **Unit 8: Information Systems**

#### Description:

This unit defines information systems and describes how they are used. It discusses the design, development, testing, support, and maintenance of information systems. Finally,

it explains how information systems are used in health care settings, including the role of specialized information systems.

#### **Objectives:**

- 1. Define an information system, explain its purpose, and provide examples.
- 2. Describe the components of an information system.
- 3. Describe the process of information system development.
- 4. Introduce specialized information systems.
- 5. Explain how information systems are used in health care.

#### Lectures:

- a. What is an Information System? (20:17)
- b. The Systems Development Process (24:10)
- c. Specialized Information Systems (17:06)

#### Suggested Readings

Health informatics. (n.d.). In *Wikipedia*. Retrieved August 31, 2016, from <u>https://en.wikipedia.org/wiki/Health\_informatics</u>.

Information management. (n.d.). In *Wikipedia*. Retrieved August 31, 2016, from <u>https://en.wikipedia.org/wiki/Information\_management</u>.

Lindsay, J. (n.d.). Information Systems: Fundamentals and Issues. Retrieved August 31, 2016, from <u>http://www.oturn.net/isfi/</u>.

## **Component Authors**

#### Component Originally Developed and Updated by:

#### Assigned Institution:

Oregon Health & Science University (OHSU)

#### Team Leads:

Arie Baratt, PhD, OHSU William Hersh, MD, OHSU

#### **Primary Contributing Authors:**

Arie Baratt, PhD, OHSU

#### Lecture Narration:

Voiceover Talent Kim Handysides and Adam Beauchesnedo Digital One, Portland, OR, <u>http://digone.com/</u>

#### **Team Members:**

Arie Baratt, PhD, Assistant Professor, OHSU

William Hersh, MD, Principal Investigator, Department Chair, Medical Informatics & Clinical Epidemiology, OHSU

Kerri F. Nussbaum, MS, Project Manager/Instructional Design/Development, OHSU

### **Creative Commons**



**BY NC SA** This work is licensed under the Creative Commons Attribution-NonCommercial-ShareAlike 4.0 International License. To view a copy of this license, visit <u>http://creativecommons.org/licenses/by-nc-sa/4.0/</u>.

DETAILS of the CC-BY NC SA 4.0 International license:

You are free to:

Share — to copy and redistribute the material in any medium or format

Adapt — remix, transform, and build upon the material

Under the following conditions:

**Attribution** — you must give appropriate credit, provide a link to the license, and indicate if changes were made. You may do so in any reasonable maker, but not in any way that suggests the licensor endorses you or your use: Courtesy of (name of university that created the work) and the ONC Health IT program.

**NonCommercial** — You may not use the material for commercial purposes. Note: Use of these materials is considered "non-commercial" for all educational institutions, for educational purposes, including tuition-based courses, continuing educations courses, and fee-based courses. The selling of these materials is not permitted. Charging tuition for a course shall not be considered commercial use.

**ShareAlike** — If you remix, transform, or build upon the material, you must distribute your contributions under the same license as the original.

**No additional restrictions** — You may not apply legal terms or technological measures that legally restrict others from doing anything the license permits.

Notices:

You do not have to comply with the license for elements of the material in the public domain or where your use is permitted by an applicable exception or limitation.

No warranties are given. The license may not give you all of the permissions necessary for your intended use. For example, other rights such as publicity, privacy, or moral rights may limit how you use the material

To view the Legal Code of the full license, go to the CC BY NonCommercial ShareAlike 4.0 International web page (<u>https://creativecommons.org/licenses/by-nc-sa/4.0/legalcode</u>).

### Disclaimer

These materials were prepared under the sponsorship of an agency of the United States Government. Neither the United States Government nor any agency thereof, nor any of their employees, makes any warranty, express or implied, or assumes any legal liability or responsibility for the accuracy, completeness, or usefulness of any information, apparatus, product, or process disclosed, or represents that its use would not infringe privately owned rights. Reference herein to any specific commercial product, process, or service by trade name, trademark, manufacturer, or otherwise does not necessarily constitute or imply its endorsement, recommendation, or favoring by the United States Government or any agency thereof. The views and opinions of authors expressed herein do not necessarily state or reflect those of the United States Government or any agency thereof.

Likewise, the above also applies to the Curriculum Development Centers (including Columbia University, Duke University, Johns Hopkins University, Oregon Health & Science University, University of Alabama at Birmingham, and their affiliated entities) and Workforce Training Programs (including Bellevue College, Columbia University, Johns Hopkins University, Normandale Community College, Oregon Health & Science University, University of Alabama at Birmingham, University of Texas Health Science Center at Houston, and their affiliated entities).

The information contained in the Health IT Workforce Curriculum materials is intended to be accessible to all. To help make this possible, the materials are provided in a variety of file formats. Some individuals may not find the PowerPoint slides fully accessible and should instead utilize the PDF version of the slides together with the .mp3 audio file and/or Word transcript to access the lectures. For more information, please visit the website of the ONC Workforce Development Programs at <u>https://www.healthit.gov/providers-professionals/workforce-development-programs</u> to view the full accessibility statement.